The Parish Churches of St John's and St Michael's Workington
The Very Revd Dr Frances Ward &
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First Sunday of Lent: Sunday 6th March 2022

An excerpt from the sermon preached by the Very Revd Dr Frankie Ward on 27th February.

The gospel tells the story of the encounter on the mountain when Jesus shines with the full glory of God, when Peter, John and James hear the voice that declares that this is indeed God's chosen Son. A moment of divine truth that is again accompanied by a light that shines with the fully glory of God. In times of darkness, this light is all that matters. As Europe is invaded, let us witness to the light of truth – a truth that pierces all the falsehood and fake news that surrounds us. Let us pray in solidarity with all who resist the oppression of force, standing together with our neighbours in Europe, for united we are strong, divided we are weak.

That light shines in our own lives too. Wherever there is falsehood or untruth, we must turn to the light, to honesty and integrity, resisting the slide into deceit and cover-up. For that is what is required to sustain the common life we value.

Let us pray with Malcolm and Alison, our friends at St Andrew's Church, Moscow, joining their prayer for the tenderness of the dawn that comes from on high, that guides our feet into the way of peace. May that prayer be realised for the people of Ukraine. May we be with them in their anguish, alongside our brothers and sisters who resist, in the name of the truth of Jesus Christ.

Services and Events

This Evening 6:30pm: there will be a service of evening prayer in the Lady Chapel at St Michael's. Do come for a restorative service of peaceful prayer.

On Wednesday evenings through Lent, there will be a service of mediation on the Cross at **St John's at 6pm**, which will replace the zoom prayers at six.

Tuesday 8th March 1:30pm: The speaker at St John's Wives Group will be Revd Peter Powell who will be talking about his career as a paediatrician. This is an open meeting, and all are welcome!

Prayers at Six – 20 minutes of worship with silence to pause the day. You will be most welcome. Zoom link: Meeting ID: 968 126 0821 Passcode: 8y4esi

Lent 2022

There will the opportunity to explore The Big Questions:

So What: God?

So What: Jesus?

So What: the Holy Spirit?

So What: the Church?

So What: My Life?

On **Mondays** through Lent: **7, 14, 21, 28 March and 4 April at 7pm at the Rectory**. Do put the dates in your diaries and come along with your bible for this lively course of exploring and deepening our faith together. Led by Peter and Frankie.

Donations for Ukraine

Donations are urgently required for Ukraine. Please drop with Lorna at St Michael's the following:

First aid kits, baby milk, baby bottles, toiletries, bandages, nappies, wet wipes, torches and head lamps. These will be taken to the Polish Shop in Maryport, to be transported on a weekly basis to where they are needed.

Notices

St John's Kitchen: St John's are planning a revamp of the kitchen. If you can donate, it will be gratefully received.

Do you have spare jam jars? Please bring them to St Michael's to give to Wendy Kendall.

Intercessessions for week beginning Sunday 6th March 2022

Baptism at St Michael's: Grace Wren, Elliott Litt.

We pray for the Ukraine.

Sick and Suffering: Mary Armstrong, Eileen Clements, Rita Davidson, Irene Ditchburn, Kath Dixon, Sheila Graham, Rebecca Harmon, Pauline Hamilton, Donna Harding, Isaac, John, Sandra Lakin, Doreen Langbridge, Dorothy McCreedie, Clare Maxwell, Malcolm Palmer, Margaret Patterson, Terence Sampson, Alan Smith, Mary Smith, Eric Storey, Colin Stuart, Margaret Sykes, Eddie Trohear.

Rest in Peace: all those we have loved and see no more including, Reta Hodgson, Colin Berry, Muriel Madsen.